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MENTOR MINUTE
From your JSD Mentor Department

ADULT LEARNING

Adult learners are self directed. They want to take responsibility for their teaching, resist learning when ideas are imposed, need a strong relationship with a mentor and like to evaluate multiple options.

Adult learners are goal oriented preferring practical knowledge. They want relevant information, their individual needs addressed, and they need ideas that are immediately applicable.

Adult learners want personal experiences. They want mentors to bring good ideas to the table and link new concepts to their prior knowledge. They can be resistant to change, but need opportunities to explore.

Ideas You Can Try:

● Use conversations stems to discover real needs.
● Sequence content that goes from simple to complex and reinforce new learning.
● Match the learning opportunity to the current need.

*Contact your Mentor Teacher Specialist with any questions you may have:

http://mentor.jordandistrict.org